



# ADDvanced Solutions

## Community Network

Supporting you to find the answers



## Warrington: Autumn/Winter 2019 Offer

Through our community-based groups, programmes, and opportunities that raise awareness; develop skills; share learning experiences; and build confidence, we support children, young people, and families living with neurodevelopmental conditions, learning difficulties and associated mental health needs - pre, during and post-diagnosis.

### Neurodevelopmental Conditions Family Learning Programme



An evidence-based, structured learning programme for parents, carers and supporters in Warrington who wish to gain knowledge and skills about their child's neurodevelopmental condition, with strategies to support the difficulties that may present around:

- Neurodevelopmental conditions/learning difficulties and associated mental health difficulties.
- Autism Spectrum Disorder /Condition ASD/C
- ADHD
- Sensory Processing / Integration Difficulties (SPD)
- Challenging behaviours associated with ND conditions
- Your local offer, welfare rights and special educational support

#### Coming up:

**WA5, Warrington** Monday 16th, 23rd and 30th September and 7th, 14th and 21st October 6.00pm to 8.30pm

**WA2, Warrington** Monday 18th and 25th November, 2nd December - 9.30am - 3.00pm

### Community Network Group



If you have concerns about your child's behaviour or progress at school, our community network group offers support to help you learn, understand and meet the needs of your child and family. Delivering needs-led workshops we work in partnership with professionals from organisations and experts in their field to provide effective solution-focused support.

#### Coming Up:

**Sandy Lane Sure Start, Sandy Lane, Warrington, WA2 9HY**  
on every **Thursday 12.45pm – 2.45pm** during term time.

<b>12th September</b>	Identifying problems and finding solutions
<b>19th September</b>	Special Education Needs and Disability Information Advice and Support Service
<b>26th September</b>	Child Adolescent Mental Health Services
<b>3rd October</b>	Sensory Processing Difficulties
<b>10th October</b>	Attention Deficit Hyperactivity Disorder
<b>17th October</b>	Specific Learning Difficulties
<b>24th October</b>	Difference between EHAs & EHCPs
<b>7th November</b>	Looking at communication
<b>14th November</b>	Warrington Youth Club
<b>21st November</b>	Autism with Demand Avoidance Behaviours (PDA)
<b>28th November</b>	Managing Stress
<b>5th December</b>	Autism Spectrum Disorder (ASD) Severity Levels
<b>12th December</b>	Sleep difficulties
<b>19th December</b>	Preparing for the Christmas holidays



Follow us on Twitter: @ADDvancedSol



Like us on Facebook ADDvanced Solutions Community Network

Join our closed Facebook group for parents and carers:

ADDvanced Solutions Community Network CIC

# Free Professionals Awareness Raising Training

These funded training sessions have been developed to provide an awareness and understanding of the day-to-day challenges of living with Neurodevelopmental Conditions (NDCs) and the surrounding issues for staff working in Warrington to support children, young people and families.

Our full-day awareness raising training enables professionals to:

- Understand the difference and similarities between ADHD, ASD/C, and other NDCs.
- Recognise the typical behaviours of ADHD, ASD/C and other NDCs
- Recognise the impact that unsupported and unmanaged characteristics of NDCs can have on an individual and their family.
- Understand the impact that sensory processing difficulties have on children and young people.
- Recognise local support available for professionals, young people and families who have children with NDCs

This training is very popular and books up quickly.

**Monday 9th September, 9.30am – 4.30pm** ND Awareness raising training, [Warrington](#)

**Wednesday 27th November, 9.30am – 4.30pm** ND Awareness raising training, [Warrington](#)

We also deliver a range of half-day and twilight training sessions designed to support professionals in Warrington working with families living with NDCs.

**Friday 20th September, 9.30am – 12.30pm**, ASD and demand avoidance behaviours (PDA), [Warrington](#)

**Wednesday 2nd October, 3.15pm – 5.15pm**, Autism and Girls, [Warrington](#)

**Monday 30th September, 9.30am - 1.30pm**, ND and Sensory Processing Difficulties, [Warrington](#)

**Monday 14th October, 3.15pm – 5.15pm**, Autism and Girls, [Warrington](#)

**Friday 25th October, 9.30am – 12.30pm**, ADHD, [Warrington](#)

**Friday 15th November, 9.30am - 1.30pm**, ND and Sensory Processing Difficulties, [Warrington](#)

**Wednesday - 20th November, 9.30am – 12.30pm** Neurodevelopmental conditions and challenging behaviour, [Warrington](#)

**Thursday 19th December, 9.30am – 12.30pm** - Autism and Girls, [Warrington](#)

For further information and to book on to these courses in St Werburghs Development Centre, please visit: [www.myschoolservices.co.uk/Training](http://www.myschoolservices.co.uk/Training)

This training is CPD accredited



## Family Days Out

Birchwood Forest Park - 28th October, 2pm  
Croxteth Country Park - 29th October, 2pm  
Sankey Valley Park and Country Trail - 30th October, 10.30am  
Formby Woods & Beach - 31st October, 2pm  
Thurstaston Beach, Wirral Country Park - 1st November, 2pm



**Booking is essential as some activities have limited places.**

### Evening Workshop

Neurodevelopmental conditions & sleep difficulties.

Understanding the reasons why your child may not sleep and identifying practical strategies that work

**Wednesday 13th November 6.00pm  
8.30pm, venue TBC**

ADDvanced Solutions Community Network would be very happy to attend coffee mornings in schools and community groups to deliver a Q&A session and explain about who we are and how we can support families and schools.



### Neurodevelopmental Conditions and Me

This programme has been developed for young people aged 11-14 and 15-18 to help them to:

- Better understand and manage themselves
- Identify and make the right choices
- Develop social skills to make friends & maintain friendships
- Keep themselves safe.

**Wednesday 18th, 25th, September and 2nd, 9th  
16th and 23rd October 4.30pm - 5.30pm (11- 14)  
and 6.00pm – 7.00pm (15- 18) Venue TBC**

For young people whose parents have completed the ND conditions Family Learning Programme. Please call the office to book your young person's place.

### The Local Offer



The Warrington Local Offer provides lots of information for parents and carers of children with Special Educational Needs & Disabilities (SEND)

<https://askollie.warrington.gov.uk/localoffer/site/index.php>

### Our Traded Offer

We offer bespoke training, coaching and mentoring programmes and consultancy work for professionals working with children, young people and families living with neurodevelopmental conditions.

Income generated through our traded offer underpins ADDvanced Solutions Community Network's support for families.

For information on any of these events and how to book,  
please email [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk)  
Telephone: 01925 320863

Visit our website [www.addvancedsolutions.co.uk](http://www.addvancedsolutions.co.uk)  
for more information.